

24 Hours South – 2023 Results

RANK	Name	GENDER	CP1 Coed Llangwyfan	CP2 Llandegla	CP3 Froncysyllte	CP4 Trefonen	CP5 Forden	Finish Distance at 24 Hours
1	TEAM Offa 2 Hay WINNERS	Male	2:52:24	5:10:35	7:31:52	9:17:19	13:45:59	126.7 Miles
2	TEAM Chasing the acorns Offa'd WINNERS	Mixed	3:12:44	6:10:15	8:22:57	10:47:28	16:35:30	105.3 Miles
3	TEAM Lost Soles	Mixed	3:32:22	6:38:02	9:11:24	12:20:56	19:00:04	95.4 Miles
4	Dave Troman WINNER	Male	3:46:35	6:59:03	9:58:33	13:13:03	20:08:50	89.42 Miles
5	Simon Waring	Male	3:26:24	7:17:44	9:47:22	12:37:51	20:04:51	88.67 Miles
6	TEAM Winging It WINNERS	Female	4:11:38	7:35:02	11:01:29	15:25:41	21:52:35	83.8 Miles
7	Ewan Smith	Male	3:38:07	7:13:30	10:26:10	14:23:49	22:30:27	82.38 Miles
8	Sharon Spriggs WINNER	Female	4:06:51	8:03:12	11:27:35	15:12:47	22:29:30	82.13 Miles
9	Andy Raho	Male	4:03:54	7:59:11	11:29:36	15:49:50	22:47:28	80.37 Miles
10	Joe Angell	Male	4:03:51	7:59:11	11:50:35	15:49:35	22:48:23	80.37 Miles
11	Terry Nelson	Male	4:25:20	7:59:44	11:41:11	15:08:49	23:21:21	78.21 Miles
12	Nathan Jones	Male	3:33:03	7:40:23	10:54:49	14:49:48	23:21:19	78.37 Miles
13	Scott Gurnett	Male	3:28:25	6:39:56	9:54:22	13:13:02	24:00:00	76.54 Miles
14	Robin McGregor	Male	3:26:46	7:14:10	10:28:34	14:40:48	24:00:00	76.54 Miles
15	TEAM Blistered Twisters	Female	5:10:28	9:16:52	13:23:04	17:04:24		75.10 Miles
16	Team Twisted Blisters	Mixed	5:11:01	9:16:43	13:23:03	17:04:28		75.10 Miles
17	Sandra Vallis	Female	5:29:57	10:50:31	15:41:58	21:32:49		59.98 Miles
18	Hanna Mourad Agha	Femals	6:19:10	13:58:56	19:14:02	24:00		52.37 Miles
19	Kathryn Bradshaw	Female	4:23:16	8:23:35	12:08:59	16:37:28	RETIRED	
20	Richard Price	Male	4:11:50	8:23:10	12:22:32	15:17:43	RETIRED	
21	Micheal Wallbank	Male	3:31:41	7:56:57	12:18:36	RETIRED		
22	Sara Lessmann	Female	4:20:27	10:26:25	16:48:28	RETIRED		

23	Jed Glasgow	Male	4:17:41	10:14:05	16:51:27	RETIRED		
24	Darren Holt	Male	5:55:27	11:36:29	17:16:23	RETIRED		
25	David Hodgkinson	Male	4:01:02	6:41:39	RETIRED			
26	Sam Felda	Male	4:19:46	9:36:56	RETIRED			
27	Bryn Hopewell	Male	4:19:42	9:37:50	RETIRED			
28	Colin Campbell	Male	4:12:31	RETIRED				