

Clwydian 5 & 15 Mile Races Results (08/09/2019)

Position	No.	First name	Surname	Gender	Age Cat.	Course	Club	Time
1	5	Andrew	Thomas	M	Open	5 Miles	OutFit	0:52:42
2	27	Rhian	Pierce	F	Open	5 Miles		0:58:51
3	1	Richard	Wykes	M	V40	5 Miles	OutFit	1:02:25
4	12	Tony	Tansley	M	V50	5 Miles	OutFit	1:07:29
5	26	Gatheth	Powell	M	Open	5 Miles		1:10:46
6	10	Mark	Roberts	M	V50	5 Miles	OutFit	1:13:22
7	20	Bethan	Fitzsimon	F	V40	5 Miles	OutFit	1:32:50
8	25	Felix	Duddle	M	U11	5 Miles	OutFit	1:49:13
9	8	Linda	Mckeown	F	V60	5 Miles	OutFit	1:52:23
10	23	Simone	Caponni	M	Open	15 Miles	Penny Lane Striders	2:28:22
11	17	Daniel	Jackson	M	Open	15 Miles		2:33:53
12	4	Carolyn	Stamper Clark	F	V40	15 Miles		2:35:35
13	13	Gareth	Roberts	M	V40	15 Miles	Prestatyn RC	2:43:49
14	22	Tim	Unwin	M	Open	15 Miles		2:45:53
15	3	Ian	Wright	M	V40	15 Miles	St Helens Striders	2:47:25
16	24	Hannah	Lennon	F	Open	15 Miles		2:52:09
17	18	Freddy	Frost	M	Open	15 Miles		2:52:12
18	6	Aled	Humphreys	M	Open	15 Miles		2:55:22
19	2	Craig	Jones	M	V40	15 Miles		3:00:20
20	21	Carl	Topham	M	Open	15 Miles		3:17:45
=21	14	Heather	Martin	F	Open	15 Miles	OutFit	3:27:40
=21	7	Rachel	Mcguckin	F	Open	15 Miles	OutFit	3:27:40
23	16	Jenny	Hoyle	F	Open	15 Miles		3:36:21